



**Kurdistan University of Medical Sciences**  
**nursing and midwifery School**  
**Paramedical School**

**Academic CV (curriculum vitae)**



**Personal Details:**

**Name:** Mokhtar yaghobi

**D.O.B:** 30/ 03/ 1974

**Email:** [mokhtar-yaghobi@muk.ac.ir](mailto:mokhtar-yaghobi@muk.ac.ir)  
[mokhtaryaghobi@yahoo.com](mailto:mokhtaryaghobi@yahoo.com)

**Address:**

Kurdistan University of Medical Sciences, faculty of Nursing & Midwifery  
Pasdaran Street Sanandaj Islamic Republic of Iran

**Academic Qualifications:**

2003 **Master of Science**

Nursing education

Tarbiat modarres University of Medical Sciences the School of medicine Tehran -Iran

2001 **Bachelor of Science**

Nursing

Shahid Beheshti University of Medical Sciences the school of Nursing & Midwifery  
Tehran - Iran

**Positions and work experiences:**

- Head of Department Faculty of paramedical, Kurdistan University of Medical Sciences, Sanandaj, Iran 2015- present

**Key Skills:**

Computer & software knowledge, Endnote, SPSS, set up ventilator, monitoring ECG, ...

## Teaching:

- Civil defense and paramedics, to MS in Nursing
- Neurosurgery Technology for Surgical technologist
- Technology heart surgery for Surgical technologist
- Oral and Maxillofacial Surgery Technology for Surgical technologist
- Pediatric Surgery Technology for Surgical technologist
- The sterilization and disinfection for surgical technologists
- Gastrointestinal and Endocrine Surgery Technology for Surgical technologist
- Internal diseases for Surgical technologist
- Nursing water and electrolytes for nurses
- Civil defense in emergencies
- Surgical technologist
- Internal disease Anastasia
- And the care and treatment of cancer radiotherapy
- Medical emergency for EMS

## Articles published in scientific journals and research in Iran and the world:

1. M FATHI, Y ZAREZADEH, D ROSHANI, M YAGHUBI. Attitudes toward safety and its affecting factors in Sanandaj emergency medical services staffs, in 2017. 2019. 24(99):134-145
2. Namamali Azadi Ahmad Vahabi<sup>1</sup>, Mokhtar Yaghobi<sup>2</sup>, Boshra Vahabi<sup>3\*</sup>, Mahnaz Sayyadi<sup>3</sup>. The Relationship between Religiosity and Academic Achievement in Students of Kurdistan University of Medical Sciences in 2015. 2018.19(60): 71-82
3. Yaghoubi M\*, Roshani K, Gharib A Khodadad Sh. Comparison of oxygen therapy with simple face mask and nasal canola on hemoglobin oxygen saturation. Journal of Nursing, Midwifery and pramedical. 2017.2(2): 46-57
4. Mokhtar Yaghoubi, Sahar Dalvand, Zahra Khesali, Reza Ghanei-Gheshlagh, Sarkawt Ghawsi. Could tea consumption decrease the risk of depression: A systematic review and meta-analysis?. Mohammad Farajzadeh, Nursing Practice Today. 2017.4(1): 1-10
5. Valiee R Valiee S, Nikbakht Nasrabadi A, Yaghobei M. The meaning of health from the perspective of a group of Iranian elderly: a qualitative study. Journal of Nursing, Midwifery and pramedical. 2016.1(2): 20-28
6. Ghaderi H Ghaderi B, Rostami D, Daneshkhah N, Sheykhesmaili F, Yaghobi M. The Study of the relationship between ABO blood groups with gastric cancer and its staging. Journal of Nursing, Midwifery and pramedical. 2015.1(2): 37-45
7. LAHOORPOUR FARIBA, FALAH FATEMEH, GODARZ HOSSEIN, YAGHOUBI. MOKHTAR, VAHABI AHMAD, BANDEHPUR MOJGAN. SCREENING OF ASYMPTOMATIC CARRIER OF SALMONELLA ENTERICA SEROVAR ENTERICA (S.TYPHI) IN FOODSTUFF WORKERS AND DISTRIBUTORS BY NESTED-PCR. IRANIAN SOCIETY OF MICROBIOLOGY. 2015, Volume 16
8. Mozaffar Mahmoodi, Ali Samadi-Kuchaksaraei, Mohammad Reza Naimi-Jamal, Saeed Samani, Mokhtar Yaghoubi. Effect of RGD Immobilization on Biocompatibility of Oxidized

- Cellulose Scaffold in Bone Tissue Engineering. DEVELOPMENTAL PSYCHOLOGY (JOURNAL OF IRANIAN PSYCHOLOGISTS) 4 (14), 189-198
9. Kheiriollah Moradi, Mokhtar Yaghoubi, Daem Roshani, Alireza Gharib. Effectiveness of an educational intervention on pain duration and severity of herniated disc. Chronic Diseases Journal 2013. 1(1):36-41
  10. M Yaghobi, M Fathi, D Roshani, S Valiee, M Moradi, H Hasnghi. Comparison of the effect of infra-red and hot pack on reduction of pain associated with lumbar discopathy. Scientific Journal of Kurdistan University of Medical Sciences 2012. 17( 2 ): 72-81
  11. Roshany D, Azadi NA, Esmail Nasab N, Yaghoubi M. Application of Parametric, Semiparametric and Nonparametric Approaches in Survival Analysis of Patients with Acute Myocardial. Journal of North Khorasan University of Medical Sciences. 2011;3(Biostatistics and Epidemiology Supplement):45-51
  12. Yaghoubi M. The relationship between saying prayers and suicide in hospitalized Patients. Quarterly of Quran & Medicine Summer 2011, 1(1); 25-31
  13. MAHMOUDI S, SALEHNEZHAD GH, NAZAARIAN S., YAGHOUBI. A COMPARISON STUDY OF DEPRESSION BETWEEN HEMODIALYSIS PATIENTS AND RENAL TRANSPLANT RECIPIENTS. IRANIAN JOURNAL OF NURSING RESEARCH FALL 2010, Volume 5, Number 18; Page(s) 73 To 80
  14. YAGHOUBI, FATHI M, MAHMOUDI S, AHMADI. EFFECTIVENESS OF SIMULTANEOUS RHYTHMIC BREATHING AND Z – TRACK METHOD IN PRONE POSITION WITH FOOT INTERNAL ROTATION ON THE PAIN ASSOCIATED WITH INTRAMUSCULAR INJECTION. JOURNAL OF KERMANSHAH UNIVERSITY OF MEDICAL SCIENCES (BEHBOOD) SUMMER 2009, Volume 13
  15. YAGHOUBI MOKHTAR\*, AMINI KOUROSH, FATHI MOHAMMAD, AHAMADI F.A., MOHAMMADI ISA, SALEHNEZHAD GH. EFFECTS OF MASSAGE ON PAIN DUE TO CRAMP MUSCLE DURING HEMODIALYSIS. JOURNAL OF ILAM UNIVERSITY OF MEDICAL SCIENCES SPRING 2009, Volume 17 , Number 1; Page(s) 39 To 46.
  16. K AMINI, ABDE AMINI, M YAGHOUBI, D AMINI. High school students playing computer games. DEVELOPMENTAL PSYCHOLOGY (JOURNAL OF IRANIAN PSYCHOLOGISTS) 4 (14), 189-198
  17. Moradi, M., Yaaghobi, M., Nikkho, B., Saidi, J., & Fathi, M. (2008). A case report of hydatid cyst of brain. Scientific Journal of Kurdistan University of Medical Sciences, 13(3), 83-89.
  18. YAGHOUBI MOKHTAR\*, MOHAMMADI ISA, AHMADI FAZLOLAH. EFFECT OF ISOTONIC AND ISOMETRIC EXERCISE BOX ON MUSCULAR CRAMPING PAIN DURING HEMODIALYSIS. SCIENTIFIC JOURNAL OF KURDISTAN UNIVERSITY OF MEDICAL SCIENCES SUMMER 2007, Volume 12 , Number 2 (SERIAL NUMBER 44); Page(s) 53 To 60.
  19. Valiee S, Nikbakht Nasrabadi A, Yaghobei M, Valiee R. The meaning of health from the perspective of a group of Iranian elderly: a qualitative study. Journal of Nursing, Midwifery and premedical. 2015; 1 (2) :20-28
  20. Ghaderi B, Rostami D, Daneshkhah N, Sheykhesmaili F, Yaghobi M, Ghaderi H. The Study of the relationship between ABO blood groups with gastric cancer and its staging. Journal of Nursing, Midwifery and premedical. 2015; 1 (2) :37-45

**Book:**

Compilation Colorectal Surgery Clinical Guide Publications Khosravi 2013

Compilation Bed sores (care, prevention, treatment) Press Shasvsa publications 2009  
Compilation Emergency operation room Press Shasvsa publications 2010  
Compilation Glossary of Terms widely used diabetes Press Shasvsa publications 2010

### Research Projects:

1. The effect of massage on pain of muscle cramps in haemodialysis patients are on haemodialysis centres in Sanandaj, 2005
2. The relationship between prayer and suicide in patients hospitalized in the city of Sanandaj University of Medical Sciences in 2008
3. Effect of heat treatment on pain of spinal disc herniation patients, physiotherapy, tamin ejtemaei hospital in Sanandaj in 2009
4. A comparative study on oxygen therapy with nasal mask canola oxygen saturation of oxygen and nausea and vomiting, patients in the recovery room, 2013

### Selected publications and conference presentations:

- Nursing care after brain tumor surgery, First National Conference on Cancer, Sanandaj, May 1, 2011 (oral)
- The effect on the quality of hand washing standard surgical technologist, Fourth National Conference on Quality Improvement in Healthcare, Sanandaj, October 19-20, 2011 (oral)
- Improve the quality of religious beliefs best way to prevent youth suicide, 4<sup>th</sup> National Conference on Quality Improvement in Healthcare, Sanandaj, October 19-20, 2011 (poster)
- Effect of education on the incidence of epileptic seizures in patients with brain injury referred to a doctor's office neurosurgeon in Sanandaj, 4<sup>th</sup> congers epilepsy Tehran December 4-6, 2007 (oral)
- New methods of teaching ethics in medicine and nursing. Conference on Medical Ethics in Qom May 14-15, 2008 (poster)
- Privacy Ethics in Nursing, National Congress of medical ethics Eelam June 11-12, 2008 (oral)
- The effect of massage on the neck and migraine in women, The second global conference on health promotion in vulnerable groups, Sanandaj April 25-26, 2007 (oral)
- Telemedicine in chronic diseases, The third congress of health promotion in chronic diseases, Sanandaj June 6-7, 2009 (oral)

- The prevalence of cramps in patients undergoing haemodialysis The third congress of health promotion in chronic diseases, Sanandaj June 6-7, 2009 (poster)
- Effect of Method Z, prone position with foot internal rotation on the severity of pain associated with intramuscular injection in children, Congress healthy community nurse and midwife, Hamedan, October 15-16, 2008 (poster)
- The relationship between saying prayer in women suicide attempters admitted to the burn unit, The first National Conference on Women's Role in the development of health system, Kermanshah, May 11-13, 2010 (oral)
- Traumatic brain injury and epilepsy, The third congress of health promotion in chronic diseases, Sanandaj, June 6-7, 2009 (oral)
- Prevalence of hemodialysis complications, The third congress of health promotion in chronic diseases, Sanandaj, June 6-7, 2009 (poster)
- Assessment of hemodynamic and oxygenation in patients with spinal cord injuries admitted to the ICU, The third congress of health promotion in chronic diseases, Sanandaj, June 6-7, 2009 (poster)
- Our role in the prevention of diarrhea after feeding via a nasogastric tube in patients admitted to the ICU comatos, The Second Congress of enteric pathogens, Sanandaj, November 1-2, 2010 (poster)
- Probiotics and their role in the prevention and treatment of diseases, The Second Congress of enteric pathogens, Sanandaj, November 1-2, 2010 (poster)
- After the craniotomy control human pathogens, The Second Congress of enteric pathogens, Sanandaj, November 1-2, 2010 (poster)
- Cholera, disease surveillance networks, with emphasis on the role of nurse, The Second Congress of enteric pathogens, Sanandaj, November 1-2, 2010 (poster)
- The effect of diet yogurt in mechanically ventilated patients admitted to the intensive care unit on the prevention of diarrhea, The Second Congress of enteric pathogens, Sanandaj, November 1-2, 2010 (poster)
- The effect of massage on the vital signs of head trauma patients admitted to the ICU, The third seminar of Nurse-Midwives and Research, Gorgan, December 1-2, 2010 (oral)
- Study after training standards scrub surgical technologist, Second National Conference, standardization, development and health, Kermanshah, March 1-2, 2011(oral)
- The importance of research in nursing education, Seminar on Development of Medical Education, Sanandaj, March 1-2, 2011(poster)
- Changes in nursing education in America in recent decades, Seminar on Development of Medical Education, Sanandaj, March 1-2, 2011(poster)
- New methods of teaching in nursing, Seminar on Development of Medical Education, Sanandaj, March 1-2, 2011(poster)

- Implementation of nursing ethics using the nursing process, 4<sup>th</sup> National Conference on Quality Improvement in Healthcare, Sanandaj, October 19-20, 2011 (poster)
- Evaluate the quality of care for brain injury patients admitted to the intensive care unit (ICU), 4<sup>th</sup> National Conference on Quality Improvement in Healthcare, Sanandaj, October 19-20, 2011 (poster)
- The role of IT (information technology) to improve the quality of nursing services, 4<sup>th</sup> National Conference on Quality Improvement in Healthcare, Sanandaj, October 19-20, 2011 (poster)
- Evaluation of patients' satisfaction with health care services using the P-C-P 4<sup>th</sup> National Conference on Quality Improvement in Healthcare, Sanandaj, October 19-20, 2011 (poster)
- Evaluation by students about human privacy men in the operating room, 4<sup>th</sup> Annual Congress of Medical Ethics and nursing ethics fourth annual congress, Teheran, January 26-28, 2016 (poster)
- The effect of passive defense in reducing the damage caused by the crisis, Congress crisis management approach to health system, kermansha, July 19-21, 2016 (poster)
- HAARP project and relationship crises and disasters, Congress crisis management approach to health system, kermansha, July 19-21, 2016 (oral)

### **Workshop prepared and presented**

- New methods of treatment and wound care Tuesday, March 3, 2015
- Trading Workshop and workmanship ventilator Saturday, August 2, 2014
- 
- Workshops on disaster assessment systemic treatment Sunday, October 7, 2007
- Triage Workshop Thursday, September 6, 2007
- Nursing Pharmacology Sunday, September 12, 2004
- Kidney disease and urinary tract nursing care Wednesday, February 23, 2005

- Workshops on disaster assessment systemic treatment Sunday, October 7, 2007
- Trauma Workshop Monday, August 25, 2008
- Workshop vital signs Sunday, November 9, 2008
- Trauma and Emergency Nursing Care Saturday, August 2-4, 2008
- Workshop on standardization of clinical skills 1 Monday, August 18, 2008
- Workshop on standardization of clinical skills 2 Sunday, October 19, 2008
- Workshop Physiotherapy and Rehabilitation Nursing Tuesday, December 11, 2007
- Standard conference medication administration skills Thursday, August 13, 2009
- Standard workshop nursing skills (5) Gastroenterology Sunday, July 19, 2009
- Conference swine influenza A (H1N1) Wednesday, September 2, 2009
- Standard workshop breathing skills Sunday, January 10, 2010
- Standard workshop skills Cardiovascular Nursing Tuesday, January 11, 2011

**Current Works in Progress:**

- **Healthcare reform in education programs.**
- **Monitoring and implementation of action plans for health reform**

**Current academic positions:**

- Faculty and Head of the School of Paramedical

**Research Interests:**

- diabetes
- Operation room
- Intensive care unit (ICU)
- Medical emergency

- Post Anastasia care unit (pacu)

**Professional Membership:**

- President of the School of Paramedical Research Council of iran Kurdistan University of Medical Sciences
- Chairman of the Council School of Kurdistan University of Medical Sciences
- Member of the Kurdistan University of Medical Sciences



**Journal Editorial Membership:**

- Jury member of the Scientific Journal of Kurdistan University of Medical Sciences in Iran 2015
- Jury of Journal of Nursing and Midwifery and Allied Health Iran 2015

**Interests:**

Study and sports, movies, travel

**Language:**

Fluent in Farsi, Kurdish, English